

**The United Parish of St. Laurence's, Church Stretton**  
**with St. Michael's, All Stretton, and All Saints, Little Stretton**  
**SMALL GROUP NOTES**

*"Growing together in faith, hope and love; sharing the Good News of Jesus with all."*

**WINTER 2009**

**No. 9            EPHESIANS 4:17-5:2            HOW WE CAME TO KNOW CHRIST**

**Welcome/icebreaker**    Describe a piece of clothing you just had to take off after seeing yourself in the mirror!!

**Worship**                    All creatures of our God and King, Jesus You are changing me, Refiner's fire, Halleluiah my Father.

**Word (verses):**

17-19                        What is it like to be a typical pagan?!

20-21                        How does all that change?  
*Note v.21 should read "Heard Him".*

22-24                        What does it mean to "put off" and to "put on" (one off actions)?

22-24                        How can we be renewed in our minds?

25-32                        What sorts of behaviour are out and what sorts of behaviour are in, and what spiritual/doctrinal reason is given for each change?

4:32-5:2                    Jesus' death on the cross is never seen in the epistles as just an example-its atoning significance is always mentioned. What did Jesus do for us and how does this work out in our lives?

**Wind/prayer**              Pray for our lives to reflect God's character, so the change in us leads to changes in others and the areas of life we are involved with.

**Works/witness**            What am I going to regard as belonging to the old self this week?